



'Caring well for people with Dementia'

Helping you to support people with dementia: improving the quality of their experience - and yours.

How this course can help you: "dementia presents a huge challenge to society, both now and increasingly in the future. ... Currently, only about one-third of people with dementia receive a formal diagnosis or have contact with specialist services at any time in their illness" (National Dementia Strategy). Over half a million people are affected in England alone; this number is set to rise considerably as more people live longer, and the current cost to the NHS is estimated at 1.3 billion a year (The NHS Confederation) This interactive e-learning course is designed to advance the National Strategy for Dementia (launched in 2009) and will provide learners with the core information needed to care well for a person with dementia. The course will enable health and social care practitioners and professionals and family carers to work well with people living with dementia. The Subject Matter Expert is Dr Ann Marshall, OPMH Directorate Lead Clinical Psychologist together with expertise from **Dementia UK**.

Course Content: scenario-based, with Pre- and Post-course Assessment and course exercises, leading to a Certificate:

- Mod.1 Understanding the experience of living with dementia and definitions
- Mod.2 The person-centred approach to caring well for people with dementia
- Mod.3 Communication and well being
- Mod.4 Caring well for people as their dementia progresses
- Mod.5 Working together - a partnership approach

Learning Outcomes:

By the end of the course participants will be able to:

- Identify the main features of dementia and the three main types of dementia
- Explain the principles of person-centred care work with people living with dementia
- Know and understand the principles of good communication with people living with dementia
- Explore the needs of family carers
- Know where to find support and advice

Benefits of the course:

This course will benefit organisations and their partner agencies by providing essential information to develop a comprehensive understanding of the care of people with dementia. The e-learning approach provides an invaluable tool for blended learning strategies and is especially suitable for service groups who have difficulties in releasing staff to attend training sessions or where local capacity to deliver sessions is not sufficient. E-learning offers users the chance to work at their own pace, with a Certificate on conclusion of the course including assessments.

Mini Biography: The Subject Matter Expert is **Dr Ann Marshall**. Qualifying (1981) as a clinical psychologist at the Institute of Psychiatry, University of London she obtained a Doctorate at Surrey University (2001). Working in Hampshire with people with dementia since 1988 and running emotional support groups for people with a recent diagnosis of dementia since 1997. She has published articles on these groups and on the experience of people in the early stage of dementia. She has served as the lead psychologist for older people's mental health in Hampshire Partnership Foundation Trust for over 4 years, with a special interest in service user/carer involvement for people with dementia. Also providing its expertise is the leading charity, **Dementia UK**, committed to improving quality of life for all people affected by dementia, with four core areas: *Admiral nurses, Admiral nursing direct, Dementia UK training, Uniting carers*. Its mission is to improve quality of life for all people affected by dementia by promoting and developing Admiral Nursing - a specialist nursing intervention focused on meeting the needs of carers and families of people with dementia, providing high quality training for professionals working with older people, carers and people with dementia, promoting good practice in dementia care, working in partnership with the NHS, social services, other voluntary groups, carers and people with dementia, contributing to national policy on dementia, older people and carers' issues and influencing practice and policy development.