

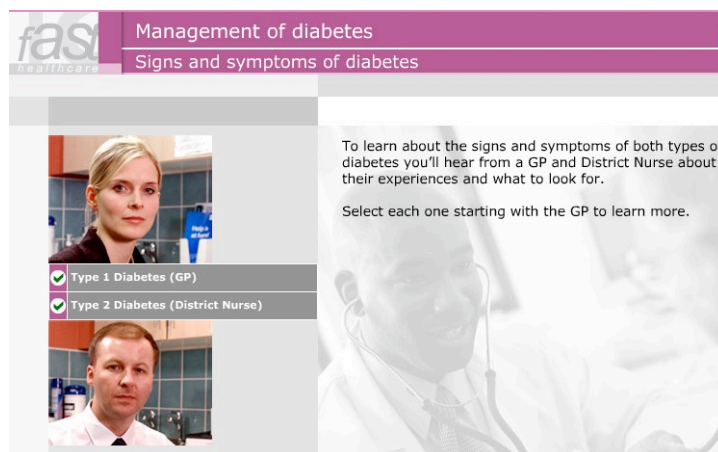
## NSF - Management of Diabetes Mellitus



fresh approach to successful training

Enabling health, community and social care professionals meet the national standards for the management of those with either type of Diabetes, but where type 2 rates are soaring

**Renewed warnings of an 'epidemic' of diabetes as cases hit a peak in 2007 of 2.5 million with 167,000 new cases recorded between April 2007 and March 2008. The rise is more than double the increase of 83,000 recorded the year before. At the same time, the number of people registered as obese has gone up, from almost 4.8 million last year to five million. The soaring rate of Diabetes type 2 - the kind that mostly affects the middle-aged - is being fuelled by obesity (Diabetes UK).**



**How this course can help you:** This course will enable you to manage the care of patients with diabetes mellitus, according to the standards of the National Service Framework for Diabetes. Because it is available on-line, and it is interactive it offers users a user-friendly and flexible way to learn or update on what is required to meet the NSF, and the end of course Certificate will be invaluable for CPD or annual appraisal.

Course Content:	Learning Outcomes:
<ul style="list-style-type: none"> <li>🎧 Diabetes Mellitus - definitions</li> <li>🎧 The epidemiology &amp; manifestations of diabetes</li> <li>🎧 Diagnosis and screening</li> <li>🎧 Annual monitoring and review</li> <li>🎧 Treatment options</li> <li>🎧 Structured diabetes care</li> </ul>	<p>By the end of the course you will be able to:</p> <ul style="list-style-type: none"> <li>🎧 Understand what is meant by diabetes</li> <li>🎧 State the epidemiology and risk factors of Type 1 and Type 2 diabetes</li> <li>🎧 Understand the diagnostic criteria and benefits of early diagnosis Explain the process of monitoring diabetes</li> <li>🎧 Explain current treatments options including diet and exercise</li> <li>🎧 Explain the organisation of diabetes care and role of the multidisciplinary team</li> </ul>

**Benefits of the course:** This course will benefit the organisation by having trained health care professionals who have a deeper understanding of diabetes mellitus. Users who successfully complete the e-learning course will have gained skills in monitoring patients and planning interventions to improve patient care. Health care professionals will be aware of best practice and be able to make recommendations for improving practice within the organisation. By being able to pursue the course on-line, users will be able to keep up to date, verify their completion of the course and work at their own pace.

**Mini Biography:** The subject matter expert is Lydia Burke, MSc, BSc, PGCHE, RGN/RMN. She worked as a Nurse Practitioner in Primary Care for 11 years, setting up and running a busy Diabetes Clinic. She now works for Middlesex University as Programme Leader for the Advanced Diploma in Diabetes Care, teaching nurses working in primary, community and acute health care. She maintains close links with clinical practice and has completed some research in the patients' experiences of having diabetes.